

ASIA Reader's Digest

SINCE 1922

TRY OUR
GENIUS
SECTION

**GREAT
OCEAN
SECRETS**

*of the world's
deep sea
creatures*

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WARNING!
MIDDLE CHILDREN
are becoming extinct!

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SHETLAND ISLANDS
Scotland's windswept beauty

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DRAMA
**"Help! My son
has a spike in
his head!"**

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**Ways to
BRING
PURPOSE
into your
life**

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PHILIPPINES P 199

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One Cut at a Time

The trend-setting hairdresser using his talents to make an impact.

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The Vanishing Middle Child

As the number of middle children dwindles, so too might some of the personality strengths associated with them.

ADAM STERNBERGH
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Great Ocean Secrets

Fascinating creatures and strange natural formations lurk in the shadowy depths of the sea. TINA DONVITO

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Saving Grandpa's Home

Some places, no matter how tumbledown, can connect families through generations.

JERRY NELSON

FROM THE BOOK
DEAR COUNTY AGENT GUY

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Some endurance athletes have optimal physiology, while others struggle.

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HOW TO

Maintain Your Purpose in Life

Add meaning and direction to your life by asking yourself one simple question every year.

DAVID G. ALLAN
FROM CNN.COM

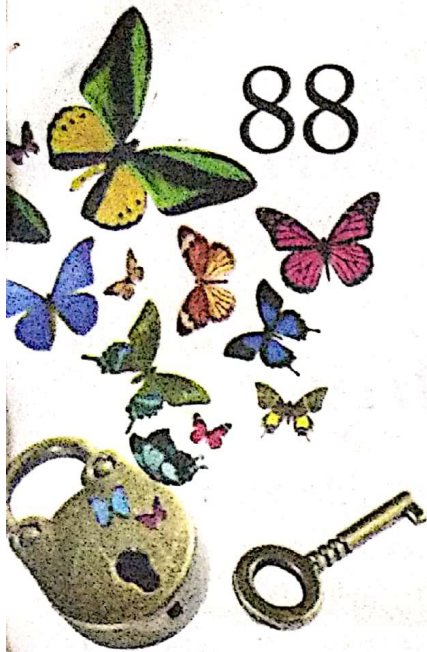
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PHOTO FEATURE

Honey Combed

The natural world has lots of hexagons for a reason: to save on space and energy.

CORNELIA KUMFERT



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BONUS READ

The Boy with the Spike in His Head

Ten-year-old Xavier fell from a tree house face-first on to a 30-centimetre meat skewer, which penetrated deeply into his skull. The doctors had only hours to save him.

BONNIE MUNDAY



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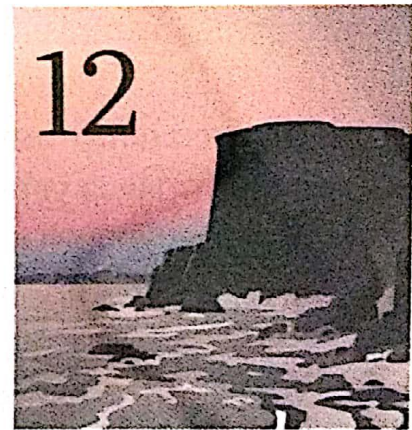
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